

TEAM ENCHANTERS

President - Dr Roopa Hariani
Secretary - Rtn Srinivasalu.S
Immediate Past President - Karthik Kittu
Vice President - Sathesh Gundappa
Treasurer - Shashikanth.V. Pobbathi
Sergeant-at-Arms - Rajesh. A

CLUB ADMIN

Director Club Service - Sandeep.N.Setty
Bulletin Editor - Vinay Laddha
Co- Bulletin Editor - Sneha Mehta
Attendance Coordinator - Sowmya Dayanand
Speaker Bank Coordinator - Dr Madhusudan K.R
Chair ICGF & District Conference Registration - PP Anup Agarwal
Chair Greetings - Hamsa KVRG
Chair RBSW Trust - PP Sandeep Raja
Chair DEI - Subodh Khandekar
Ladies' Program Coordinators - Veena, Nirmala, Jayanthi & Samruddhi

MEMBERSHIP

MDRC - PP Shashikanth.V.Pobbathi

PUBLIC IMAGE

Director - Abhinav Hooli
Chair Social Media - Akshay Kumar
Chair Print Media - Dr K. Gnanamurthy
Chair Digital Media: Rahul Viswanath

ROTARY FOUNDATION

Director - Nirav Patel
Co- Director - Prakash Bhat
Chair CSR - PP Vijay Tadimalla
Chair Global Grants - PP Bhagavan. S K

SERVICE PROJECTS COMMUNITY SERVICE

Director - Bharat Mehta
Advisor Peace & Conflict Resolution - PP Vasuki. K.N
Advisor Basic Education & Literacy - Sharad Heda
Advisor Economic & Community Development - PP Amarchand Rander
Advisor Disease Prevention & Treatment - PP Dr Arun Adkoli
Chair OFDD - Ritesh Mehta
Advisor Maternal & Child Health & Polio Chair - BN Krishnamurthy
Advisor Water & Sanitation - PP Raghu H.N
Advisor Supporting Environment - PP Niranjan Murthy

YOUTH SERVICE

Director - Venky Sadayappan
Chair RYLA - Vinay Patil
Chair Rotaract - Kinjal Birawat
Chair Interact - Manju Kumar



MEET ROTARY INTERNATIONAL PRESIDENT 2024-25

Rotary International President 2024-25 Stephanie Urchick, at the International Assembly held at Orlando in January 2024, announced that the 2024-25 presidential theme is The Magic of Rotary and called on members to recognize and amplify the organization's power to save lives.

Urchick, a member of the Rotary Club of McMurray, Pennsylvania, USA, said she saw the magic of Rotary on display when she was helping install water filters in the Dominican Republic. Two boys were watching as dirty water entered the filter, then ran out clean at the other end.

"One of the boys grabbed my sleeve and said, 'Show me the magic again,'" she said. "Obviously, the water filter wasn't magic. We worked hard to transport those filters, install them, and work with community leaders in the area to maintain them. But those boys knew that easy access to clean water would change their lives. Knowing that I played a small part in that certainly changed my life."

Urchick has urged members to champion Rotary's Action Plan, find a balance between continuity and change, and work for peace. She plans to host a Presidential Peace Conference in 2025 with the theme "Healing in a Divided World."

"The Rotary Peace Fellowship began more than 20 years ago to equip peace and develop professionals from communities around the world to become effective catalysts for ending and preventing conflict," Urchick said. "This conference will focus on Rotary's peace efforts and provide opportunities to learn together."

In addition to emphasizing peacebuilding, Urchick reiterated Rotary's commitment to eradicating polio. "Contact elected officials and other government leaders. Remind them that polio is still a threat. Push them to support polio eradication," she said. "Polio remains our top priority and requires our fullest commitment, but there is so much important work to do."

She has urged on making the club experience irresistible to members.

"That might mean changing how things are done in your district," she said. "If your district has been doing things one way for 50 years, it's probably time to reassess. If a club in your district isn't active or is losing members, maybe it's time to start a new club that fits better with the community. Just because a club or district hasn't changed in a while doesn't mean no one is hungry for change."

One way to make positive change, she said, is to embrace the principles of diversity, equity, and inclusion within clubs.

"I hope you'll join me in opening your arms to future people of action, even if - and in some cases, especially if - they don't look or act like the typical member of your local club," she said. "With DEI, it is easier to be united in a common purpose. It's in those moments when we are committed and focused that we are the most effective and relevant."

SOUTHWESTAR



Rtn T N Subramanian
ROTARY INTERNATIONAL DIRECTOR
2023-25



As we step into a new Rotary year, we are reminded of the power of collective action and the impact of our shared goals. The theme for this year, "The Magic of Rotary" resonates deeply as we continue to navigate challenges and seek opportunities to make a positive difference. Each Rotarian's dedication and service contribute significantly to this mission and transformation to countless lives.

Your club has a distinguished history of impactful projects and community service. From providing clean water and sanitation to supporting education and promoting peace, your efforts embody the Rotary motto of "Service Above Self."

To the incoming President, board members, and all newly installed officers, I extend my heartfelt congratulations. Your leadership will guide the club through the coming year, fostering innovation, inclusivity, and engagement. I am confident that under your stewardship, the Rotary Club of Bangalore South West will continue to flourish and achieve even greater heights.

To the outgoing President and officers, I express my deepest gratitude for your service and dedication. Your contributions have laid a solid foundation for your successors to build upon. Your efforts have not only strengthened your club but also enhanced the Rotary movement as a whole.

As we embark on this new journey together, let us remember the core values that unite us: fellowship, integrity, diversity, service, and leadership. These principles will guide us as we strive to make our communities, and the world, a better place.

I wish you all a successful and fulfilling Rotary year. Let us continue to work together, inspire each other, and create lasting change.

Rtn Ft Lt K P Nagesh
ROTARY INTERNATIONAL DIRECTOR
2025-27



As we embark on a new Rotary year under the theme "The Magic of Rotary," I am filled with a sense of profound excitement and determination. It will be an honour to serve as your Rotary International Director for the years 2025-2027, and I am deeply inspired by the potential and possibilities that lie ahead for Rotary in India.

Rotary is indeed magical. It is the magic of compassion, kindness, and service that transforms communities and touches lives in profound ways. It is the magic of unity, as Rotarians from diverse backgrounds come together with a shared vision of making the world a better place. And it is the magic of leadership, as we strive to inspire, innovate, and lead by example.

As we look to the future, let us set our sights on even bigger and better goals for Rotary in India. Let us dream boldly and work tirelessly to turn those dreams into reality. Let us envision a Rotary that is not just present but thriving in every corner of our nation, making a tangible and lasting difference in the lives of those we serve.

To achieve this vision, we must embrace change and innovation. We must be willing to step out of our comfort zones and explore new ways of doing things. We must harness the power of technology and collaboration to amplify our impact and reach even greater heights of service.

But above all, we must never lose sight of the magic that makes Rotary truly special – the magic of fellowship, friendship, and shared purpose. It is this magic that binds us together as Rotarians, driving us forward in our mission to create positive change in the world.

Each one of you is a Leader. I urge you to seize this opportunity to unleash your full potential and lead with courage, compassion, and conviction. Let us work together to unleash the magic of Rotary and create a brighter future for all. Together, we can accomplish anything and everything.

SOUTHWESTAR

Rotary
Bangalore Southwest
Dist. 3191



Rtn Satish Madhavan
DISTRICT GOVERNOR
ROTARY INTERNATIONAL DISTRICT 3191



VOCATIONAL SERVICES

Director - Dr Vijayaraghavan Selvarangan
Chair Skill Development Training - Sreenath B M
Chair Women Empowerment - Smita Karve
Chair Vocational Visits - Ashok Amin

INTERNATIONAL SERVICES

Director - Venkatesh Makam
Chair Friendship Exchange & Sister Club -
Yogesh Bhandari
Chair International Day Celebrations - Maulik
Shah
Chair Rotary Fellowship Group - Anil Ramesh
Chair Rotary Action Group - Hitesh Jain

MENTOR

PP Dayanand U.R

CHIEF ADVISORS

PP Sriram T & PDG Dr Sameer Hariani

REPRESENTATION OF RBSW AT THE DISTRICT

1. PDG Dr Sameer Hariani –
Counsellor Expand
2. Vijay Tadimalla: DRFC
3. Anup Agarwal: Director Fund
Raising
4. Karthik Kittu: Director Fellowships
5. Dr Arun Adkoli: Chairman
Avoidable Blindness
6. Sandeep N. Setty: Chairman
Rotary Fellowship of Tea Lovers,
Committee Member BE & L,
Committee Member Fund Raising,
Treasurer RMBF
7. Amarchand Rander: Chairman
Fund Raising

It is with great honour and boundless excitement that I extend my greetings to all the members of Rotary Bangalore Southwest. As we stand at the threshold of a new Rotary year, the theme "The Magic of Rotary" beckons us to embark on a journey filled with promise and potential. This powerful theme, carefully chosen to resonate with the core of our organization, reminds us of the transformative impact we can achieve when we unite in the spirit of "Service Above Self."

Rotary International's enduring motto has always been our guiding star, inspiring us to effect positive change within our communities and beyond. It is this steadfast commitment to service that turns everyday actions into extraordinary results, creating magic, as so eloquently articulated by our Rotary International President, Stephanie Urchick.

However, this magic doesn't just happen by itself. It requires our collective effort, our shared vision, and our dedication. As we move forward, I want to highlight several key areas that will help us harness this magic to its fullest potential.

First and foremost, we must enrich our club experience. A richer club experience means fostering a welcoming and engaging environment where every member feels valued and inspired. It's about creating a space where ideas flourish, friendships are forged, and every meeting is a testament to our shared purpose.

Next, we need to enhance participation in both club and district activities. Active engagement is the life blood of Rotary. The more we involve ourselves in our clubs and district activities, the stronger our bonds become, and the more significant our impact on the world. Let's encourage one another to attend meetings, participate in events, and take on leadership roles. Through our collective participation, we strengthen our Rotary family and amplify your ability to make a difference.

Our service projects must be impactful and far-reaching. It's not just about the number of projects we undertake, but the depth of their impact. Let us focus on initiatives that address the most pressing needs of our communities, creating sustainable change and improving lives. Each project should be a testament to our commitment to service, leaving a lasting legacy for future generations.

Finally, we must build a strong public image in our communities. A positive public image enhances our ability to attract new members, secure funding, and garner support for our initiatives. Let's share our stories of service, celebrate our successes, and make sure our communities know the true magic of Rotary.

As your District Governor, I am committed to supporting and celebrating the incredible work each of you do. I encourage you to dream big, take bold actions, and inspire others to join us on this remarkable journey.

Thank you for your commitment, your dedication, and for being the heart and soul of Rotary. While we have 365 days together, let us aim to accomplish our goals within 180 days to truly make this year unforgettable as we experience and share The Magic of Rotary. Every local project, international initiative, and simple act of kindness contributes to a brighter, more hopeful future. Friends.. Let's go forth and create the Magic of Rotary.

Rotary clubs bring together people across generations who wish to create lasting change in the world, in their communities, and in themselves. Rotary and Rotaract members around the world strengthen their connections to friends and neighbours taking action through service.

SOUTHWESTAR



Rtn Prasanna Kumari
ASSISTANT GOVERNOR
R I DISTRICT 3191



It is my Privilege to be an Assistant Governor this year and to serve Rotary Bangalore Southwest.

The Rotary Organisation has two major principles.

One is that of Fellowship and the other Service.

When we take up positions in Rotary, be at the Club level or at the District level, the reasons are not to feed our Egos but to strive to excel through Fellowship and Service, which will in turn bring out the humility in us.

Taking up the leadership role as the Assistant Governor this year, I wish to dedicate myself for the causes that will see RID 3191 flourish and make a worthy contribution to the world. Firstly, as the AG, I would pit in my 100% to make the Clubs under me effective.

Working with President and Team, I would ensure a viable plan in place along with the details of funding, various committees and meticulous execution.

I would emphasise that each Rotarian knows & abides by the 4 Way Test that has guided us through decades. In fact, I believe that our 4 Way Test is most simple and a well drafted policy which enables us to follow ethics and function in any organisation and at personal levels.

Together, with our commitment & dynamism mingled with the magnetic strength of our organisation, we will march towards accomplishing our goals & dreams!

Rtn Dr Roopa Hariani
PRESIDENT RBSW 2024-25
R I DISTRICT 3191



Greetings to all of you as we welcome a new Rotary Year 2024-25: A year that brings with it a magical touch for doing good in the World!

At the outset, Hearty Congratulations to Sunriser President Karthik Kittu, Club Secretary Satheesh Gundappa and the entire Team for a memorable year!

Rotary Bangalore Southwest has always been my second home. No surprises there as I have been in my club for 25 years now. A home where friends have become family members, a home filled with warmth, comfort, laughter & abundant memories to be cherished!

On that note, it is an emotional moment and a matter of pride for me to lead my Home Club as its first ever Lady President! I am truly overwhelmed with the responsibility etched in the path I have to tread on but at the same time confident of shouldering it as I know my entire club has my back!

Rotary Bangalore Southwest is a powerhouse of many unique talents & guided by a brilliant beacon of light by all our Past Presidents. When we blend this vast expertise & talent with service to others, what emerges is pure Magic!! When this element of magic is already ours and well nurtured, I am sure it will only manifest in turning dreams into reality.

The vision Statement for the RY 2024-25 for RBSW is: Dream, Design & Deliver; Together we manifest The Magic of Rotary!!

I am thankful to RID TN Subramanian for graciously accepting to be the Installing Officer for our Installation: **ENCHANTED**.

Heartfelt gratitude to RID 2025-27 Flt Lt KP Nagesh as well as Maverick Governor Satish Madhavan who are our Guests of Honour.

Not to forget my Home Governor PDG Dr Sameer Hariani, a walking talking Rotary encyclopaedia, who guides me at every step to perfection!

Looking ahead to an astounding year with Team ENCHANTERS!!! Cheers!!!

The vision Statement for the RY 2024-25 for RBSW is:
Dream, Design & Deliver

Together we manifest The Magic of Rotary!!

Rtn Karthik Kittu
IPP RBSW 2023-24
R I DISTRICT 3191



I wanted to take a moment to send you my heartfelt wishes and congratulations to hand over to you as the President of Rotary Club of Bangalore Southwest. Being the first lady President; this is a significant achievement, and I have no doubt that you will excel in this role.

As President, you have the opportunity to make a positive impact on the lives of many and contribute to the betterment of our community. Your leadership, dedication, and passion will inspire others to join in your noble endeavours.

Rotarians possess three common facets and traits — Dare, Care and Share. We just need to just reflect on these three magic words that explain what it takes to become special, in-fact extraordinary.

- Dare to undertake what appears farfetched, and thus, impossible.
- Care for the underserved and underprivileged who deserve attention.
- Share what you have, or can muster up, with your resourcefulness.

By practicing these three things, you elevate yourself to the ultimate Quest ... to create Happiness.

May you find fulfilment and joy in your service, and may your efforts bring about meaningful change.

Please remember that you are not alone in this journey. You have a supportive team and a network of fellow members who share your vision and are ready to work alongside you for all support. Together, we can achieve remarkable things and create a brighter future for those in need.

Once again, congratulations on your new role as President & I am confident that under your leadership, we will thrive and continue to make a positive difference in our community. Best of luck with your endeavours.

Health Corner

Morning Water Ritual

Plain Warm Water: Hydrates the body, helps poop better, kick-starts metabolism, & can help flush out toxins.

Lemon / Apple Cider Vinegar Water: Dose of vitamin C, aids digestion, & boost the immune system.

Jeera/Saunf Water: A teaspoon of Jeera / Saunf soaked overnight helps boost metabolism & helps reduce acidity & offer anti-inflammatory properties.

Coconut Water: Rich in electrolytes, helps rehydrate & replenish minerals after sleep, and helps in detoxification giving a good healthy skin.

Meethi Seed Water: Helps regulate insulin levels & manage blood sugar levels & aids weight management. Suitable to manage irregular periods for women.



Which type of Emotional Eater are you

Stress Eating

Example: Eating a pint of ice cream after a stressful day at work.

Boredom Eating

Example: Munching on chips while watching TV with no real hunger.

Comfort Eating

Example: Eating homemade mac and cheese when feeling homesick or sad.

Sadness Eating

Example: Consuming large quantities of chocolate during a breakup.

Celebratory Eating

Example: Eating to enhance positive feelings or as part of a celebration ritual.



A QUICK ROTARY CLUB GEOGRAPHY LESSON

- District 9100 which comprises 14 West African Countries is recognized as the largest geographical District in the Rotary world. It was created in 1985 and uses three official languages - English, French, and Portuguese.
- The Rotary Club of Papeete, Tahiti, which is located in the middle of the Pacific Ocean is the club that is most remote from any other.
- The southernmost Rotary meeting is that of the Rotary Club of Base Marambio Antartida in Antarctica. If in the area you can also visit the Rotary Club of Base Antarctica Esperanza. Both are Spanish speaking clubs that meet Wednesday evenings
- To visit the northernmost club you must travel above the Arctic Circle to the Rotary Club of Barrow, Alaska, U.S.A.
- If you attend the El Aguilar club in Argentina, you are meeting with the highest club in the world at 16,000 feet (4,880 meters) above sea level.
- The lowest club meets at 40 feet (12.2 meters) below sea level at El Centro, California, USA.
- There are 69 Rotary clubs with the word “Tokyo” in their club names.
- It is said that there is a Rotary meeting being held someplace in the world every hour of every day. If you attended one meeting per day, it would take nearly 80 years to visit all of the more than 34,500 Rotary clubs in the world, and by that time, no doubt, there would be thousands more new clubs to attend

Looking Back: A Journey of 43 Years



Charter Member T Sriram
President 1984 – 85
RBSW – R I DISTRICT 3190

In December 1981, our club was chartered with 40 enthusiastic members. Today, only three of us continue this journey—my good friends Gnanamurthy, P. Sriram, and I. By our first Charter Anniversary in December 1982, we welcomed Dr Ashok Amin into our fold. Over the past 43 years, the club has achieved remarkable progress, earning widespread goodwill and recognition. We are honoured to have had two members serve as District Governors: the late Panduranga Potnis and Dr Sameer Hariani. Dr Hariani has brought further prestige to our club through his active roles at both national and international levels. Our successive Presidents have immensely contributed to the club's development, with many also serving the District in various capacities. Notably, Rtn Vijay Tadimalla has had the unique honour of serving as District Secretary and District Conference Chairman. Our members have made us proud not only through their generous contributions of funds but also by devoting time and effort to execute several successful projects. Thousands of young and old, women and men, have benefitted from the club's projects and services. Our Annes have been the backbone of the club, playing crucial roles in its many initiatives. Some have even helped form the Inner Wheel Southwest. My wife, Surya, remains the only continuing Charter Member of the club. Annes Renu Aiyer and Veena Niranjana have served as District Chairmen, and Anne Srimathi is set to become the third District Chairman from our Inner Wheel. Many of our Annes have distinguished themselves at the District level. With these proud achievements and the solid foundation, we have built, the club is poised for even greater heights. Leading us this year is Rtn. Roopa Hariani, our first Lady President. She deserves our unwavering support as we continue our journey towards excellence. Together, we stand ready to embrace the future and achieve even more remarkable milestones. Indeed, I am happy and proud that I am one of the Founding members of Rotary Bangalore Southwest.

Common Thoughts on Uncommon Things!

Robert Fulghum, in his essay "All I needed to know I learned in Kindergarten" shares a few brilliantly simple points that we could all follow to make the world a better place.

- Share everything.
- Play fair.
- Don't hit people.
- Put things back where you found them.
- Clean up your own mess.
- Don't take things that aren't yours.
- Say you're sorry when you hurt somebody.
- Wash your hands before you eat.
- Flush.
- Warm cookies and cold milk are good for you.
- Live a balanced life - learn some and think some and draw and paint and sing and dance and play and work every day some.
- Take a nap every afternoon.
- When you go out into the world, watch out for traffic, hold hands, and stick together. Be aware of wonder. Remember the little seed in the Styrofoam cup: The roots go down and the plant goes up and nobody really knows how or why, but we are all like that.
- Goldfish and hamsters and white mice and even the little seed in the Styrofoam cup - they all die. So do we. And then remember the Dick-and-Jane books and the first word you learned - the biggest word of all - LOOK.

My personal favourite is "Take a nap every afternoon" and I wish I could do this every so often.

To this list, I would like one of my own: Pause every now and then, venture out into the wilderness, smell the fragrance of nature around you.

When we read these, they all seem such simple things; things we were all taught, at home and in schools, as we grew up. If you sit back and think they can also seem so profound.

The above simple suggestions can be extrapolated to any age, any field, any circumstance, any relationship, and it stands the test every single time. Some of these, particularly "Clean up your own mess", can be aptly applied to the various departments of Government that keep digging up roads every now and then.

Society, in the rigmarole of everyday challenges, seems to be forgetting these basic things. Hopefully we can recognize the basic things we learnt in childhood and use them to build a better world.

ARTICLE BY **RTN SUBODH KHANDEKAR**



Charter Member Dr K Gnanamurthy
RBSW – R I DISTRICT 3190

People have a variety of perceptions on what is Rotary. For the uninitiated, it stands for a global cause on service to the less privileged. It's also a status symbol for having arrived. And having arrived, to keep on doing better in the game with a thread bare margin between service above self and one-man up ship. But what really matters is that huge resources are generated to bring light and life to millions of humans across the world, whatever may be the real driving force behind the contributors.

While we are at this, do we look in to the four-way test at every stage. Then there are the soul-searching questions like what charity is, have I done enough or how much more I can do, and same applies to the time one allots to such noble causes. Where do we draw the line in such cognitive dissonance? Real life has answers to many of these questions.

It was the early years of the Indian Republic when I was in class five in a small inconspicuous vernacular school. Republic day was a grand festival, we had no classes but had a flag hoisting ceremony and were let off early. The highlight of the day was the distribution of sweets.

The headmaster Adhikesavulu sir gave a long lecture on the importance of Republic day, which we didn't understand, we were focused on the bag he had on his side. We knew it was full of 'Parry's' chocolates. When the time came for distribution of sweets and our dispersal, the headmaster said there was a small change in the routine and he was going to give away sweets first to the boys who were standing outside and knew about the goodies. There was a general grumble of discontent. Believe me, good deeds really didn't reach us that much those days.

Then our favourite teacher Abichael Williams went to the podium and whispered into the headmaster's ears. He immediately brightened and announced, 'boys, form a line and take one sweet each, and as you go out, give that to the boys outside. Then come back again and I will give you again one each which is for yourself'. This was better since we would be engaged otherwise and there was a general buzz of approval. The school peon ran away to the gate to discipline those boys outside.

Well, we did as we're told, gave away the sweets to those eager boys, and collected our own sweets, dispersed and were going home. The roadside crowd also dispersed in the meantime. However, there was a small assembly of very disappointed, poor, young boys and girls who were pushed away by grownups.

As I was going out with a few chums, there was this little boy, maybe in the first standard, where Abichael Williams was the class teacher and there was quite a flock around her. While we ignored the small assembly outside the gate, this little boy pulled out his own well preserved sweet from his pocket and gave it to a little girl who was even younger than him. We were all stunned. All the other small kids around the teacher did the same.

To give, when you know you will have nothing left behind for yourself, is a lesson that has no equivalence even with 40 years of my association with NGOs.

Similarly, on an entirely different plane, what makes people to give their best, milk of human kindness? What kindles the milk of human kindness? What makes the common man shed tears at the suffering of others, empathize and feel different? You can see that odd nurse, or cleaning boy in hospitals who do much more than what their duty demands and are paid for. I have seen this on the attendants who were taking care of my invalid brother for many years. Their selfless work, attending to their very personal needs for years, which even very close relatives would avoid over time made me wonder what makes these simple people transcend to that higher plane of kindness day after day, year after year without expecting anything in return.

No, it's not money, nor the scriptures. The realization came to me like a slap in the face while attending an Annadana, at KIDWAI hospital. Lot of people including NGOs sponsor this daily ritual, some physically, but many in absentia. If you happen to walk in, you may pick up conversation with some of the patiently waiting hungry men and women. They are attendants of the cancer patients in the hospital. Almost all of them look impoverished, and at a guess, looking forward to the only meal for the day. The small crew who were ladling out the food to them in the queue, knew almost every one of them and had a nice and comforting word or two for all. At the end of the service, when the crew was alone, we offered a small tip to the crew. Almost in unison, they refused politely and said "if you are here every day, you'll love this opportunity to be with these nice people.

Rotary Fun Facts

- The Rotary emblem was printed on a commemorative stamp for the first time in 1931, at the time of the Vienna Convention.
- Rotary first adopted the name "Rotary International" in 1922, when the name was changed from the International Association of Rotary Clubs.
- The first Rotary club banner (from the Houston Space Center) to orbit the moon was carried by astronaut Frank Borman, a member of that club.

Rotary Fun Facts

- The first Rotary convention was in Chicago in 1910. There were 16 Rotary Clubs
- In 1988, Rotary began the PolioPlus campaign with an initial fundraising pledge of \$120 million.
- Rotary's fiscal year began the day after its conventions until 1913. Starting in 1913, it begins on July 1st.
- During the 1920s and 1930s, Paul Harris traveled extensively, ceremoniously planting trees to symbolize goodwill and friendship.
- The largest Rotary Club is the Oklahoma City Downtown Club with over 600 members.
- The first Rotary International convention held outside the United States was in Edinburgh, Scotland, in 1921.
- RYLA, the Rotary Youth Leadership Awards, began in 1959 when Rotarians from Queensland, Australia, organized a weeklong conference for outstanding young people. In 1971 the RI Board officially adopted RYLA as a youth program.
- The first youth exchange was when the Rotary Club of Copenhagen (Denmark) arranged to host several American boys in 1921.
- First Project of World's First Service Club
The first service project of the first Rotary Club was the installation of public toilets in Chicago in 1917. This project made Rotary the World's First Service Club.
- The first Rotaract Club was formed in Charlotte, North Carolina.
- Rotarians in the United States make up 28 percent of all Rotarians worldwide.
- The country of Nauru has the least number of Rotarians of any country in the world, 11. Formerly known as Pleasant Island, Nauru is in Micronesia in the South Pacific. Its nearest neighbor is Banaba Island in Kiribati, 182 miles to the east.

Spending days together with their wards, most of them acutely fighting with terminal cancer in general wards makes them melt to their suffering. We listen to them with deep empathy. Money and tips look very meaningless to us.”

Now so much for giving, we don't think of the receiver. It never occurred to me, how much the receiver cringes when we dole out goodies, and also expect someone to take pictures of our charitable act and publicize. The other day when we were serving at an 'annadana' in a temple having hosted the same on our anniversary, I found this elderly very rich cousin of ours clad in a simple rustic cloth after renouncing all her attachments, standing in the queue to receive food. I literally shouted, " akka, what are you doing here, when you can feed half the Bangalore". She replied 'thamma, I thought I renounced all, but I am now trying to kill my pride, the real demon in me.'

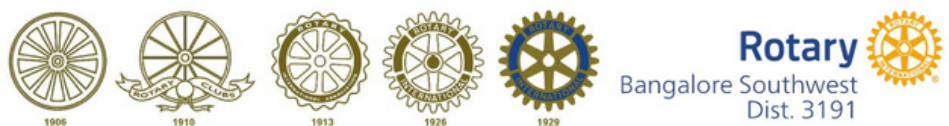
Finally the most powerful of the four way test 'Is it the truth? 'What is right, rightful and righteous.

It was in the late eighties when some of us addressed passing out students from an Engineering college, emphasizing the merits of entrepreneurship. A lone boy stood up and said shyly 'Sir, we understand the system is corrupt and we have to grease our way through several layers before we start up a small scale industry'. The whole hall on both sides of the stage went quiet when the convener said sharply 'do not ask such unethical questions in this forum'. After some murmuring and grunts, we adjourned for a tea break. After reassembling, I thought I should address the question and said ' I personally have no experience on starting an industry, and hence cannot answer your question and I won't go by hearsays on such sensitive matter, But I can tell you one thing, the younger generation like you guys passing out are more idealistic and have rightful dreams and can be assumed to be honest'.

There was an instant loud euphoria amongst the students till I added 'but that's not enough, many of you had to pay capitation fee to get admission in colleges mostly from the hard earned savings of honest parents. Not always, and a few of you may know discreetly that the money has come from illegal means. Having known this, you had still accepted tainted money for your benefit. Remember, it is the young who can change the world. It was mostly the young, who followed the Mahatma in freedom struggle much to the chagrin of parents who were more concerned about their safety'.

The legendary Sir M.Visvesvaraya, before accepting the position of Diwan, was known to have taken a vow from near ones that non will approach him for favours. The more and more you look at it, the Four way test should guide us all along.

How Rotary's Emblem Evolved



The Rotary wheel, unchanged since 1924, was redesigned many times in the early years of the organization.

A Rotary Club of Chicago emblem that featured a wagon wheel influenced early logos of other clubs and Rotary International.

Lots of US Presidents and President Hopefuls who've been members of Rotary, including

- George W. Bush, President, USA
- Jimmy Carter, President, USA
- Hillary Rodham Clinton,
- Dwight D. Eisenhower, President, USA
- Herbert Hoover, President, USA
- John F. Kennedy, President, USA
- Richard Nixon, President, USA
- Ronald Reagan, President, USA
- Franklin D. Roosevelt, President, USA
- Harry S. Truman, President, USA
- Woodrow Wilson, President, USA

Some Famous Rotarians have Included

- Neil Armstrong first man to walk on the moon, USA... as well as Edwin "Buzz" Aldrin, the second man to walk on the moon
- Sir Donald Bradman
- Sir William Deane, governor general, Australia
- Pope Francis, when he was Cardinal Jorge Bergoglio
- Sir Edmund Hillary, explorer and mountaineer, New Zealand
- King Farouk of Egypt
- Prince Frederik of Denmark (became Frederik IX King of Denmark in 1947)
- Walt Disney,
- Thomas A. Edison
- Prince Philip, Duke of Edinburgh
- Prince Rainier III of Monaco
- Charles A. Lindbergh
- Douglas MacArthur, Army General, USA
- Margaret Thatcher, Prime Minister, England
- Ted Turner, founder of Cable Television Station CNN
- Orville Wright, Aviation Pioneer, USA
- Sir Winston Churchill, Prime Minister, England
- James Cash Penney, founder of JC Penney Co., USA

Who will Cry When you Die

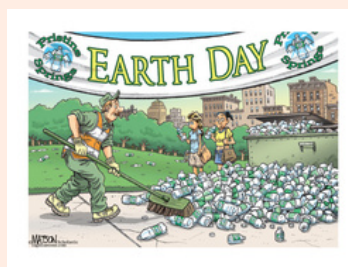
"Life Lessons from the Monk Who Sold His Ferrari" by Robin Sharma offers a collection of insights and wisdom aimed at helping readers live a more meaningful and fulfilling life.

Here are ten lessons from the book:

1. **Live with Purpose:** Sharma emphasizes the importance of living with a sense of purpose. Knowing your purpose gives direction and meaning to your life and motivates you to make a positive impact on the world.
2. **Practice Gratitude:** Cultivating gratitude for the blessings in your life can lead to greater happiness and fulfillment. Sharma encourages readers to express gratitude daily and appreciate the beauty and abundance around them.
3. **Take Risks:** Taking risks and stepping out of your comfort zone is essential for personal growth and success. Sharma advocates for embracing challenges and seizing opportunities for growth and development.
4. **Be Authentic:** Authenticity is about being true to yourself and living in alignment with your values and beliefs. Sharma encourages readers to embrace their uniqueness and live authentically, without trying to please others or conform to societal expectations.
5. **Live in the Present Moment:** The present moment is all we have, and learning to live fully in the present can lead to greater peace and happiness. Sharma advocates for mindfulness and being fully engaged in each moment of life.
6. **Serve Others:** Serving others and making a positive difference in the lives of others brings deep fulfillment and joy. Sharma encourages readers to look for opportunities to serve and contribute to the well-being of others.
7. **Take Care of Your Health:** Physical, mental, and emotional well-being are essential for a fulfilling life. Sharma emphasizes the importance of taking care of your health through regular exercise, proper nutrition, and self-care practices.
8. **Keep Learning:** Lifelong learning is key to personal growth and development. Sharma encourages readers to be curious, seek knowledge, and continuously strive to improve themselves.
9. **Practice Forgiveness:** Holding onto grudges and resentment only weighs you down. Sharma advocates for the practice of forgiveness as a way to release negative emotions and find peace within yourself.
10. **Live with Passion:** Living with passion and enthusiasm makes life more vibrant and exciting. Sharma encourages readers to pursue their passions, follow their dreams, and live with zest and energy.

These lessons from "Who Will Cry When You Die?" offer practical wisdom and guidance for living a more purposeful, joyful, and fulfilling life.

Article Courtesy: Rtn PP Amarchand Rander



Launch of Projects at Installation

1. Dictionary Distribution to 8th standard students at Government Schools

500 Dictionaries: Cost: ₹61,500

Donors: Rtn Sharad Heda & PP Bhagavan

2. Maternal & Child Care Project

Donation of Commercial Washing Machine to BBMP Maternity Hospital at Banashankari 2nd stage.

Capacity: 15 kgs [Washer + Dryer]

Cost: ₹3,50,000. Donor: Rtn BN Krishnamurthy

Contribution towards Installation of Machine

Donor: Rtn Shashikanth V Pobbathi

3. Blood Donation drive at Nursing & Paramedical College on Hennur Road- 4 colleges. Date: 19th July 2024.

Project identified by Rtn Vinay Laddha

4. Awareness session on Cybersecurity and Prevention of Sexual Harassment to Students of Government High School, Doddaanekundi on 5th July 2024

Awareness session on "Good Touch, Bad Touch" to Students of New Age School [5th, 6th & 7th Graders] on 12th July 2024

Awareness Session by members of WICCI- KAASH.

Joint Project of Women Maverick Presidents.

5. Participation in District Grant Project by contributing to & distributing 10 Green Boards.

6. Distribution of 3x4 inches RI Theme stickers as a Public Image Exercise

Sponsored by: PDG Dr Sameer Hariani

7. Annadaana at KIDWAI in July.

1st July - Rtn Ritesh Mehta

7th July - Mr Vijay Reddy

15th July - Mrs Madhu Mudholkar

Upcoming Events

1. Tuesday, 2nd July 2024: District Assembly of IW District 319: Srishti

2. Tuesday, 9th July 2024: Chat Show with Charter Members

3. Tuesday, 16th July 2024: Installation of Southwest Sapphires & Rotaract TSMT

4. Thursday, 25th July 2024: Installation IWC Bangalore Southwest

5. Tuesday, 30th June 2024: Installation of Rotaract Southwest



4th July Rtn Yogesh Bhandari

5th July Rtn Subodh Khandekar

7th July Rtn Bhagavan S K

8th July Rtn Raghu H N

8th July Annet Kritika D/o Rtn Dr.

Madhusudan

8th July Annet Mohit S/o Rtn Sandeep Raja

11th July Rtn Hitesh Jain

13th July Annet Jiya Mehta D/o Rtn Vijay Mehta

13th July Annet Karthik S/o Rtn P Sriram

15th July Rtn Rakesh Kumar Sharma

16th July Ann Preeti Jain W/o Rtn Hitesh Jain

16th July Annet Neha D/o Rtn Venkatesh Makam

17th July Rtn Amarchand Rander

18th July Rtn Vijay Tadimalla

18th July Annet Vikram Tadimalla S/o Rtn T Sriram

20th July Annet Anggad S/o Rtn Anil

Ramesh

23rd July Rtn Vasuki K N

27th July Rtn Srinivasulu S

Happy Anniversary
wishes from all of Us

3rd July

Rtn Karthik Kittu & Ann Raksha

10th July

Rtn CN Kumar & Ann Chitra



Srimathi Master
District Chairman 2024-25
Inner Wheel District 319

Interesting Facts About Bangaluru

- It is the first city in Asia to be lit by electric street lamps

This is one of the less known facts about Bangalore. At 7 pm on August 5, 1905, the kerosine street lights of the KK market in Bangalore were replaced with electric ones and the city became the first in Asia to have electric street lights.

- Bangalore was once known as 'the city of lakes'

The city once had 285 lakes, both salty and freshwater, hence gaining the name. With about 210 small and big lakes and interconnected canals dotting the area of the city, the city still is one of the cities in India with the largest number of lakes

- The city has one of the oldest rock formations in the world.

The rock formation protected in Lalbagh is 3000 million years old and hence a geological hotspot and protected area.

Message from Srimathi Master District Chairman 2024-25 Inner Wheel District 319

Dear President Dr. Roopa Hariani and Members of Rotary Bangalore South West,

Hearty Greetings from Inner Wheel District 319!!!

It is with great delight I congratulate you on taking up the mantle of Presidentship of Rotary Bangalore South West. The 43-year-old coveted RBSW Club has a glorious past in the RI Dist. 3191 and has an enviable track of committed leaders like PDG Dr. Sameer Hariani, Past District Secretary General & District Conference Chair Rtn Vijay Tadimalla, Past District Treasurer Rtn. Bhagavan, Past District Conference Chair Rtn Dayanand and many Past Presidents having been AG, ZG and Service Committee Chairs in RID 3191. You becoming the First lady President of such a coveted Club is indeed an unique accomplishment!

As I reflect upon my association with everyone, I realize that all of us have become like an extended family of Rotary and we have gained so much from our Rotary service. It has given many of us an opportunity to come together in well-bonded friendship and discover the joy of service.

President Roopa, I have personally known you from the past 18 years and we always cherish wonderful moments of our friendship together. You have always been a great inspiration to everyone around you with your ever smiling, committed, hardworking and persevering nature.

I have admired your leadership skills and feel fortunate enough to know such a multi-faceted personality. Your planning & organization skills combined with extremely creative imaginations crafted into reality in almost all events & activities, will surely infuse very vibrant & positive energy into the Club's functioning. I am sure that all the Rotarians, Anns & Rotaractors echo the same and aspire for a fantastic Rotary year ahead.

You have touched the hearts of countless under-privileged people in the society by your benevolence and helped the needy by undertaking various projects in the field of Health, Literacy, Community and Youth development, not only as Rotarian but also as Past President of Inner Wheel Club of Bangalore South West.

The RI theme for 2024-25 "The Magic of Rotary" goes well with your personality and I am fully confident that you and your team of "Enchanters" will weave the threads of magic into the service projects and reach out to many beneficiaries as well as create a bonding fellowship with your members.

As you take up the mantle of leadership, RBSW will make great strides in achieving its goals and objectives as you lead the Club. We look forward to another golden year of glory for South West when we all join hands to create "The Magic of Rotary" to make RBSW a shining example of doing yeomen service in the world.

On behalf of Inner Wheel Dist. 319 Executive Committee, Members and Past District Chairmen, I wish you & RBSW the very best of RY 2024-25!

Let's create the "Magic of Rotary" together with "Heartbeat of Humanity"!!!



Vasudha Rander
President 2024-25
Inner Wheel Club of
Bangalore South West

Message from Vasudha Rander President 2024-25 Inner Wheel Club of Bangalore South West

Dear RBSW President Dr Roopa Hariani and members of RBSW,

Greetings from Inner Wheel Club of Bangalore South West!

As we embark upon a new year filled with hope and possibilities, I firstly extend my heartfelt Congratulations to Immediate Past President Rtn Karthik Kittu and his team for a fantastic term. Your untiring efforts have brightened many lives. We are extremely happy and grateful for the support extended by you throughout the year enriching the bond of RBSW and IWCBSW. This year now, with Dr Roopa leading RBSW I am sure we will see even stronger connection between both our clubs.

I take this opportunity to Heartily Congratulate my dear friend Dr Roopa and her team, wishing them all the very best for the upcoming year. Let this year be a testament to our collective strength, resilience, and the impactful work we can accomplish together; upholding the spirit of Rotary and Inner Wheel by supporting our community with compassion and dedication. Together, we can make a lasting difference in the lives of those around us.

This year is extremely special with women power gleaming in all its glory as Roopa leads RBSW as the 1st woman President of RBSW and our dear Srimathi Master takes charge as the District Chairman of Inner Wheel District 319. As for me, I have always received a lot of adulation from the entire RBSW family. Especially, in the year 2021 -22, when Rtn. Amarchand Rander, my father-in-law, was the President I had an amazing opportunity to work and interact with many of you. I do look forward to receive the same love and support as I take the lead of our Inner Wheel Club.

Wishing you all a prosperous and fulfilling year ahead. May it be filled with joy, success, and meaningful moments as we continue to serve with pride and passion.

"Do as much good to build a thriving society,
Each good deed is like the HeartBeat of Humanity!"



Dear Friends at RBSW,

As we embark on this journey with the inaugural issue of our Rotary Bangalore Southwest Bulletin, I am filled with immense gratitude and enthusiasm. I would like to extend my heartfelt thanks to our esteemed President, Dr Roopa Hariani, for this wonderful opportunity to serve as your Bulletin Editor.

This year promises to be a landmark for our club, brimming with new initiatives, impactful projects, and a renewed commitment to our community and beyond.

With a shared vision and a steadfast commitment to "Service Above Self," we are poised to make significant strides in our collective mission. Our efforts in environmental conservation, community health, and youth empowerment will not only create lasting change but also set a new standard for Rotary excellence.

I am Honored to document our journey and celebrate our successes together.

Here's to a year of great achievements and service!

From the Editor's Desk



Rtn Vinay Laddha Editor